

Reiki

‘Level 1 Training 2012



Reiki is a beautiful healing energy and workshops are run on a

'Retreat Style'

The Reiki energies can then be enjoyed and absorbed in complete relaxation.

You will learn:

The 'Meaning of Reiki'

The 'Benefits of Reiki' and how to incorporate Reiki into your every day life

The 'History of Reiki'

Guidance and training is given on how to treat yourself and others.

Nutritious refreshments (both days) and lunch (day 2) are provided together with a detailed Training Pack, Certification and On-Going Support.

Friday 2nd March 6 am – 10 pm

Saturday 3rd March 9am – 6 pm

£165.00 per person

Maximum number of participants - 5

Non refundable deposit required to secure your place

Please contact Julie for further information:

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